










The Food Halls Essentials Hamper



 <p>HARRODS No.14 English Breakfast (50 Tea Bags) (125g e)</p>	 <p>HARRODS Knightsbridge Coffee Beans (250g)</p>	 <p>HARRODS Heritage Shortbread Rounds (200g)</p>	 <p>HARRODS Chocolate-Coated Triple Chocolate Biscuits (200g e)</p>
 <p>HARRODS Strawberry Jam (340g)</p>	 <p>HARRODS Lemon Curd (340g)</p>	 <p>HARRODS House Marmalade (300g)</p>	 <p>HARRODS Cocoa-Dusted Almonds (325g)</p>
 <p>HARRODS Wicker Basket (49cm x 32cm x 25cm)</p>			

For allergens, see ingredients listed in ****bold****:

TEA & COFFEE (2)

No.14 English Breakfast (50 Tea Bags) (125g e)

Black tea 100%.

Store in a cool, dry place away from direct sunlight and strong odours.
Produce of India, Sri Lanka and Kenya. Packed in the UK for Harrods Ltd, Knightsbridge, London SW1X 7XL

Knightsbridge Coffee Beans (250g)

Arabica coffee (100%).

Store in a cool, dry place away from direct sunlight and strong odours.
Brewing method:
Grind for preferred preparation method.
We recommend one dessert spoonful per cup, with just-boiled water.
Once opened, consume within two weeks.
Roasted and packed at Harrods Ltd, Knightsbridge, London SW1X 7XL

PANTRY (5)

Heritage Shortbread Rounds (200g)

Wheat flour (with calcium, iron, niacin, thiamin), butter (33%) (milk), sugar, ground rice flour.

May contain soya, nuts and egg.
Suitable for vegetarians.
Once opened, store in an airtight container and consume within 7 days.
Produced in Scotland for Harrods Ltd, Knightsbridge, London SW1X 7XL

Energy (KJ):	2249KJ
Energy (Kcal):	536Kcal
Fat:	29.9g
of which saturates:	19.8g
Carbohydrates:	60.5g
Of which sugars:	25.4g
Protein:	5.2g
Salt:	0.61g

Chocolate-Coated Triple Chocolate Biscuits (200g e)

Dark chocolate coating (40%) [cocoa mass*, sugar, cocoa butter*, **milk** fat, emulsifier: **soya** lecithin; natural vanilla flavouring], **wheat** flour (with calcium, niacin, iron, thiamin), salted sweet cream butter (16%) [cream (**milk**), salt], sugar, dark chocolate chips (3%) [sugar, cocoa mass*, cocoa butter*, emulsifier: **soya** lecithin; natural flavouring], **oats**, milk chocolate chunks (2%) [sugar, whole-**milk** powder, cocoa butter*, cocoa mass*, emulsifier: **soya** lecithin, natural vanilla flavouring], dark chocolate chunks (2%) [sugar, cocoa mass*, cocoa butter*, emulsifier: **soya** lecithin, natural flavouring], cocoa powder* (acidity regulator: potassium carbonate), partially inverted sugar syrup, raising agents: ammonium bicarbonate, sodium bicarbonate.

*This product has been made using responsibly sourced cocoa
May contain traces of nuts, eggs and mustard.
Dark chocolate coating contains cocoa solids 56% minimum. Dark chocolate chunks and chips contains cocoa solids 42% minimum. Milk chocolate chunks contains cocoa solids 33% minimum and milk solids 25% minimum.
Suitable for vegetarians and those on a halal diet.
Alcohol free.
Store in a cool, dry place away from direct sunlight and strong odours. Once opened, keep in an airtight container, and consume within 4 weeks.
Produced in the UK for Harrods Ltd, Knightsbridge, London, SW1X 7XL

Energy (KJ):	2228KJ
Energy (Kcal):	532Kcal
Fat:	31.0g
of which saturates:	19.0g
Carbohydrates:	57.0g
Of which sugars:	37.0g
Protein:	5.6g
Salt:	0.20g

Strawberry Jam (340g)

Strawberry (58%), sugar, lemon juice, gelling agent: fruit pectin.

Prepared with 60g fruit per 100g. Total sugar content 48g per 100g.

May contain traces of mustard and nuts.
Suitable for vegetarians and those on a halal diet.
Store in a cool, dry place away from direct sunlight. Once opened, keep refrigerated and use within 4 weeks.
Produced in the UK for Harrods Ltd, Knightsbridge, London, SW1X 7XL

Energy (KJ):	823KJ
Energy (Kcal):	195Kcal
Fat:	<0.5g
of which saturates:	<0.1g
Carbohydrates:	47.1g
Of which sugars:	46.2g
Protein:	0.6g
Salt:	<0.01g

Lemon Curd (340g)

Sugar, **egg**, butter (**milk**), Sicilian lemon juice (6%) (from concentrate), gelling agent: fruit pectin, lemon zest.

Suitable for vegetarians and those on a halal diet.
Store in a cool, dry place away from direct sunlight. Once opened, keep refrigerated and use within 3 weeks.
Produced in the UK for Harrods Ltd, Knightsbridge, London, SW1X 7XL

Energy (KJ):	1443KJ
Energy (Kcal):	343Kcal
Fat:	12.6g
of which saturates:	6.9g
Carbohydrates:	53.7g
Of which sugars:	53.1g
Protein:	3.7g
Salt:	0.11g

Harrods House Marmalade (300g)

Sugar, Seville orange peel (20%), Seville orange pulp (24%), gelling agent: fruit pectin.

Prepared with 35g fruit per 100g. Total sugar content 63g per 100g.

May contain traces of mustard and nuts.
Suitable for vegetarians and those on a halal diet.
Store in a cool, dry place away from direct sunlight. Once opened, keep refrigerated and use within 4 weeks.
Produced in the UK for Harrods Ltd, Knightsbridge, London, SW1X 7XL

Energy (KJ):	1161KJ
Energy (Kcal):	274Kcal
Fat:	<0.5g
of which saturates:	<0.1g
Carbohydrates:	66.4g
Of which sugars:	64.7g
Protein:	<0.5g
Salt:	<0.01g

CONFECTIONERY (1)

Cocoa Dusted Almonds (325g)

Sugar, roasted **almonds** (18%), cocoa butter*, cream powder (**milk**) (13%), cocoa mass*, whole **milk** powder, fat reduced cocoa powder*, emulsifier: **soya** lecithin; natural vanilla flavouring, skimmed **milk** powder.

*This product has been made using responsibly sourced cocoa.
May also contain traces of gluten and other nuts.
Milk chocolate contains cocoa solids 30% minimum and milk solids 20% minimum.
Suitable for vegetarians and those on a halal diet.
Alcohol free.
Store in a cool, dry place away from direct sunlight and strong odours.
Produced in Germany for Harrods Ltd, Knightsbridge, London SW1X 7XL

Energy (KJ):	2294KJ
Energy (Kcal):	551Kcal
Fat:	35.3g
of which saturates:	17.7g
Carbohydrates:	44.1g
Of which sugars:	41.5g
Protein:	11.8g
Salt:	0.13g